

Rotation Exercises

Basic Exercises

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NOTATION KEY:

Diagram illustrating the notation key for the exercises, showing various playing techniques on a staff:

- Rotation
- Finger Tips (at edge)
- Slap (near center)
- Finger Tips/at Top of Pandeiro
- Thumb
- ("Toe")
- Heel of Palm (at edge)
- Roll - (middle finger near edge)
- Rotation

Holding Hand

Three staves of musical notation for the "Holding Hand" exercises, featuring various rhythmic patterns and articulation marks (accents, slurs, and dynamic markings like *sim.*). The notation includes notes, rests, and articulation marks such as accents (>) and slurs. The first staff includes the instruction "Rotate toward playing hand/return" with arrows pointing to the right.

2-Bar Phrases

Three staves of musical notation for the "2-Bar Phrases" exercises, featuring various rhythmic patterns and articulation marks (accents, slurs, and dynamic markings like *sim.*). The notation includes notes, rests, and articulation marks such as accents (>) and slurs.